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Review Article

Open Access Review Article PTZAID:OJPCH-11-162

Mental Health in Future Primary Education Teachers: Music as an Ally for Professional and Classroom Wellbeing

Published On: July 21, 2026 | Pages: 007 - 013

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Introduction: Concerns about child mental health and bullying in primary schools motivated this study, framed by three complementary models of human flourishing: Seligman's PERMA model, Ryff's eudaimonic dimensions, and Diener's subjective wellbeing framework. The study examines whether music can act as a proactive pedagogical resource for psychological resilience and ...

Abstract View Full Article View DOI: 10.17352/ojpch.000062

Case Study

Open Access Case Study PTZAID:OJPCH-11-161

From Wet Nursing to Human Milk Bank– India Case Study

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Wet nursing, the act of a woman breastfeeding another's infant, is a deeply rooted practice in India. While historically tied to royal alliances, patriarchal exploitation, and survival, the modern landscape has shifted dramatically to a Human Milk Bank (HMB). An HMB is a specialized service that recruits, screens, collects breast milk from volunteer donors, then paste ...

Abstract View Full Article View DOI: 10.17352/ojpch.000061