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In this issue

Research Article

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Food Choices Made by Young Adults Living with HIV in a Unique Medically Tailored Grocery Program

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Introduction: A balanced, nutrient-dense diet improves quality of life in people living with HIV (PLHIV), yet this population experiences disproportionately high rates of food and nutrition insecurity. Food is Medicine (FIM) programs for PLHIV have been associated with reduced internalized stigma, improved food security, and positive clinical outcomes, but there is li ...

Abstract View Full Article View DOI: 10.17352/jhcsr.000040

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HIV and Tuberculosis Co-Infection: Mortality Ratios, Death Ratio and Contributing Factors in Rural Area Sindh

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A major global health concern is the co-infection of HIV/AIDS and TB, which increases rates of morbidity and mortality. The mortality ratios linked to HIV with TB co-infection are examined in this article through an analysis of epidemiological data of one window Service Treatment center in the rural area of Sindh Shaheed Benazir Abad District, This ART Treatment Centr ...

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Short Communication

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POCT in HIV Diagnosis and Treatment: Addressing Challenges in Seminal Viral Load Testing

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Point-of-care Testing (POCT) has transformed HIV care by enabling rapid, decentralized, and widely accessible diagnostics, particularly in resource-limited settings [1]. Currently, blood-based Viral Load (VL) testing remains the cornerstone for monitoring Antiretroviral Therapy (ART) effectiveness. However, expanding POCT to include Seminal Viral Load (SVL) testing is ...

Abstract View | Full Article View | DOI: 10.17352/2455-3786.000039