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Selenium supplementation in the prevention of coronavirus infections* (*In Memory of Laszlo G. Egyud)

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Author(s): Boguslaw Lipinski*

Selenium (Se) is a ubiquitous element akin to sulfur (S) existing in the Earth's crust in various organic and inorganic forms. Selenium concentration varies greatly depending on the geographic area. Consequently, the content of selenium in food products is also variable. It is known that low Se is associated with an increased incidence of cancer and heart diseases. Th ...

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